



IAU Asia & Oceania Championships 2019

Ayla-Aqaba (JOR)

Organized By Jordan Athlete Federation



Pos	Bib#	Athlete	Team	Race	Gender	5.0 km	10.0 km	15.0 km	20.0 km	25.0 km	30.0 km	35.0 km	40.0 km	45.0 km	50.0 km	55.0 km	60.0 km	65.0 km	70.0 km	75.0 km	80.0 km	85.0 km	90.0 km	95.0 km	Gun Time	
1	2	Hideaki Yamauchi	Japan-Male	Elite 100km	M	0:19:07	0:38:27	0:58:33	1:18:28	1:39:04	1:59:17	2:19:44	2:40:16	3:00:59	3:21:12	3:42:07	4:03:14	4:24:39	4:46:51	5:10:38	5:44:42	6:06:58	6:29:15	6:51:23	7:11:42	
2	7	Brendan Davies	Australia-Male	Elite 100km	M	0:20:41	0:40:55	1:01:53	1:22:21	1:42:39	2:02:04	2:22:01	2:42:29	3:04:04	3:25:21	3:48:19	4:11:56	4:36:39	5:02:03	5:28:42	5:55:03	6:22:00	6:49:33	7:20:59	7:49:16	
3	12	DEEPAK VASUDEV BANDBE	India-Male	Elite 100km	M	0:22:41	0:44:04	1:05:34	1:27:28	1:49:16	2:10:41	2:32:56	2:54:50	3:17:12	3:40:09	4:04:03	4:29:03	4:54:37	5:23:29	5:51:32	6:17:39	6:44:50	7:12:42	7:39:54	8:04:16	
4	17	HEMANT	India-Male	Elite 100km	M	0:24:26	0:49:09	1:13:32	1:36:54	2:00:42	2:24:41	2:48:57	3:13:01	3:37:38	4:02:39	4:27:32	4:52:17	5:17:27	5:43:10	6:07:48	6:32:31	6:57:55	7:22:31	7:47:51	8:12:11	
5	24	Mohammad Alnawasrah	Jordan-Male	Elite 100km	M	0:21:57	0:43:14	1:03:31	1:23:07	1:42:36	2:01:55	2:22:00	2:42:29	3:04:28	3:27:03	3:51:35	4:15:40	4:42:09	5:11:21	5:37:45	6:05:32	6:34:26	7:22:03	7:52:57	8:23:03	
6	16	VIKASH MALIK	India-Male	Elite 100km	M	0:25:11	0:49:43	1:13:07	1:36:51	2:00:46	2:24:54	2:48:57	3:12:34	3:36:47	4:03:02	4:28:53	4:55:49	5:23:07	5:48:05	6:15:25	6:41:52	7:09:12	7:33:07	7:59:18	8:23:34	
7	14	SURAJ CHADHA	India-Male	Elite 100km	M	0:23:20	0:45:22	1:08:04	1:30:26	1:53:40	2:17:51	2:41:50	3:06:16	3:31:13	3:59:05	4:25:31	4:52:22	5:18:40	5:47:39	6:13:49	6:40:37	7:09:28	7:35:20	8:03:30	8:27:20	
8	13	SANDEEP KUMAR	India-Male	Elite 100km	M	0:25:12	0:49:09	1:13:08	1:36:53	2:00:47	2:24:37	2:49:09	3:12:46	3:38:15	4:03:01	4:28:56	4:54:02	5:21:15	5:50:01	6:20:56	6:53:36	7:22:10	7:46:18	8:12:47	8:36:06	
9	15	TLANDING WAHLANG	India-Male	Elite 100km	M	0:23:47	0:45:57	1:09:19	1:32:30	1:55:17	2:17:32	2:39:54	3:01:18	3:24:14	3:46:57	4:10:47	4:34:14	4:59:21	5:25:49	5:55:09	6:21:53	6:53:44	7:23:01	7:58:59	8:40:49	
10	22	Awni Alrajabi	Jordan-Male	Elite 100km	M	0:24:41	0:50:01	1:14:14	1:38:45	2:04:27	2:34:02	3:01:54	3:38:48	4:09:26	4:54:31	5:25:16	6:12:43	6:43:08	7:21:56	7:55:42	8:37:40	9:11:09	9:59:02	10:40:58	11:25:39	
11	21	Khaled Al-Sheikh	Jordan-Male	Elite 100km	M	0:24:41	0:48:52	1:13:51	1:38:45	2:04:27	2:34:02	3:01:52	3:38:48	4:09:24	4:54:31	5:25:12	6:12:43	6:43:06	7:21:56	7:55:41	8:37:40	9:11:09	9:59:03	10:40:58	11:25:40	
12	27	Chawky READY	Lebanon-Male	Elite 100km	M	0:30:51	1:00:35	1:31:21	2:02:20	2:33:33	3:06:21	3:39:44	4:14:30	4:51:19	5:29:24	6:06:50	6:44:29	7:21:57	8:01:12	8:39:35	9:18:50	9:56:20	10:34:27	11:11:48	11:47:44	
DNF	25	Mohammad ALomari	Jordan-Male	Elite 100km	M	0:29:48	0:59:06	1:29:31	2:01:48	2:32:39	3:06:56	3:39:46	4:13:10	4:47:29	5:22:52	5:59:09	6:44:07	7:20:32	8:10:03	8:53:47	9:36:48	10:24:08	11:04:48			
DNF	1	Tatsuya Itagaki	Japan-Male	Elite 100km	M	0:18:07	0:36:12	0:54:29	1:12:12	1:30:31	1:48:49	2:07:06	2:26:00	2:46:27	3:08:46	3:31:39	3:54:29	4:21:07	4:55:31	5:23:24	5:46:16	6:06:47	6:28:33	6:50:58		
DNF	23	Mohammad Mubarak	Jordan-Male	Elite 100km	M	0:25:31	0:51:36	1:20:00	1:47:18	2:15:51	2:47:44	3:22:14														
DNF	26	Ali Kedami	Lebanon-Male	Elite 100km	M	0:30:32	1:00:30	1:31:22	2:02:25	2:32:56	3:06:23	3:42:38	4:28:29	5:03:28	5:44:58	6:25:17	7:04:32	7:42:21	8:21:09	9:00:58	9:39:07	10:19:18	11:04:48			