



# **IAU MEMBERSHIP INFORMATION**

## **WHAT IS THE IAU**

The International Association of Ultrarunners (IAU) works under the patronage of the WA and is dedicated to developing ultra-distance running internationally within the WA Rules & Regulations. As international governing body for ultradistance running, one of our main objectives is to promote and develop long distance running in the various continents by encouraging specific activities in each of the WA Continental Areas.

## **COMPETITIONS**

The 100 km is our “flagship” since the WA officially sanctions this distance and ratifies 100 km world records. More recently WA has recognised the 50 km distance for world records as well.

The annual major IAU competitions are :

- 100 km World Championships under the patronage of the WA
- 100 km Area Championships
- 24H World Championships
- 24H Area Championships
- 50 km World Championships

## **MEMBERSHIP**

IAU Membership is available to any National Athletic Federation (WA Member) or to a National Ultrarunning Association, recognised by the WA Member and authorised by the WA Member to become an IAU Member.

The annual membership fee is 150 euro, and this amount can be settled by direct transmission to the IAU account:

INTERN ASSOCIATION OF ULTRARUNNERS

MC58 3000 3023 0800 0372 6067 263 BIC Code: SOG EMCM1

The federation membership will be confirmed on payment of membership and benefits will be accessible from the confirmation. Voting right will come into effect in 60 days



## **BENEFITS**

IAU Membership will entitle the ultrarunners, affiliated to your Federation, to take part in our above mentioned major competitions. For these events your Federation will receive an invitation to select teams (minimum 3 athletes) or individual athletes to take part in the **Major IAU Competitions** (MIAUC's).

The selected teams/athletes for the MIAUC's are eligible to receive a **travel grant** which is based on

- the travel distance from your country's capital to the capital of the country of the competition venue, and
- the quality of the selected athletes (the quality is reflected in the ranking of the athletes)

For more details about the travel grant system we refer to the download section of our website ([www.iau-ultramarathon.org](http://www.iau-ultramarathon.org) → downloads → IAU Travel Grant System)

The Local Organising Committee's (LOC) of our MIAUC's will also offer free full board accommodation for a maximum of 2 male and 2 female athletes for 3, or 4 nights depending upon the flying time to the competition venue

## **APPLICATION**

Membership can be achieved by returning the completed application form to the indicated email addresses below.



**APPLICATION FOR MEMBERSHIP OF I.A.U.  
BY A  
NATIONAL ATHLETIC FEDERATION**

Federation Name .....

Federation Official .....Name

.....Position

.....Signature

Date of Application .....

Method of payment of IAU membership fee. WA account/ Bank transfer to IAU account  
(delete as appropriate)

Please send this application by e-mail to :

Hilary Walker  
IAU General Secretary  
International Association of Ultrarunners  
6-8, Quai Antoine 1er  
MC 98057 Monaco.

Secretary@iau-ultramarathon-org

with copy to the IAU Treasurer  
Robert Boyce

robert.boyce@iau-ultramarathon-org.