



IAU LABELS

for

Ultra-distance RACES

(vs 01/01/2025)

1. TARGET GROUP.

1.1 IAU Technical Committee.

1.2. IAU Record Committee.

1.3. IAU National Federations, Organisers of ultradistance races.

- For an IAU Gold Label,
- For an IAU Silver Label,
- For an IAU Bronze Label, and
- For an IAU Trail Label.

2. IAU ULTRADISTANCES RACES DEFINITIONS.

2.1. Classical and popular ultraraces

- Races longer than the marathon distance,
- Races run on a track or on a road,
- Races run at official modalities (OM) or non official modalities (NOM).

2.2. IAU “Trail” ultraraces

- Races longer than the marathon distance that cannot be measured by a Jones Counter but can be measured by a GPS.
- Any road segments should not amount to more than 20% of the total route.

3. IAU LABEL DEFINITIONS.

3.1. The IAU quality labels for ultraraces are the property of the IAU and can be adapted by simple decision of the IAU Executive Council (IAU. EC) whenever it may be necessary.

3.2. The IAU will officialy recognise the following labels for ultradistance races

IAU Gold Label	OM & NOM Road and Track Races
IAU Silver Label	
IAU Bronze Label	
IAU Trail Label	Trail Races

OM: Official Modalities (distances at wich the IAU recognise performances and/or hold competitions (50K, 100K, 6H, 12H, 24Hh, 48H, 50M, 100M and 6 Days),

NOM: Non Official Modalities (246Km, 144Km, 72H, etc)





4. CRITERIA COMMON TO ALL IAU LABELS.

4.1. The IAU Labels can be give to OM and NOM road, track, Trail and montain races as long as their organisers don't have any financial debts towards the IAU.

4.2. The IAU Label Will be given for an event for one calendar year only (1st January – 31st December). It is preferable for the application to be made at or before the beginning of the year.

4.3. IAU Labels may be applied for or renewed, even after the event has taken place, although it is preferable to apply in advance.

4.4. The organisation must be affiliated to its National Athletic Federation, or, in the case where its Federation doesn't recognise Ultra races or at least the specific distance, must organise the evento together with an oficial club or the Federation.

4.5. Unclassified courses with different distances must consider each event separately for IAU label applications and send separate applications.

4.6. In the case of official intermediate timekeeping in a labelled race the organiser should also apply for an additional IAU Bronze label to recognise the intermediate timed results (splits).

4.7. The validity of the route measurement may not exceed 5 years if the route has not changed from the original route. For officially measured courses, with an official course measurement report or a course certificate, the validity of the official course measurement report or certificate may exceed 5 years provided that the course has not been resurfaced, has not changed and the national body confirms proper maintenance to the competition standard. The costs of measuring the course are not borne by the IAU.

4.8. For Trail courses, the measurement of the course must be done with GPS at 10 metre intervals to make the measurement as accurate as possible and the GPS track published in their website.



4.9. The organisers will send the results of the event as soon as possible in Excel format to: results@iau-ultramarathon.org and <https://statistik.d-u-v.org/>

4.10. The organisation must follow the technical and organisational IAU guidelines that are published for IAU Championships.

4.11. In the case of a World Record or World Best Performance, the organisation must submit the applications as described in the IAU record application guidelines (see IAU website).

4.12. The organisation will publish the updated official IAU label logo on all relevant forms of communication (letters, website, posters, results, press map etc), and will also publish all those labels corresponding to the different distances, if any.

4.13. The official application for an IAU label and yearly renewals must be made online on the IAU website. All additional evidence such as course measurement, results from previous years and evidence of approval by the National Athletics Federation MUST be sent in DIGITAL format to the IAU.

4.14. The official application can be done by an « official third party » e.g. an National Ultramarathon Organisation, but should also include all necessary documents.

A proof of approval by the National Athletics Federation, or link in the official calendar of your National Federation.

4.15. All IAU labels are free.

4.16. The organisers will send the requested documentation, preferably in English.

5. SPECIFIC CRITERIA FOR EACH IAU LABEL.

5.1. Race history and results.

- Gold: the organisation must have been in existence for at least 3 years. It must have had a silver medal in the previous year.
- Silver: the organisation must have been in existence for at least 2 years and have had a Bronze medal in the previous year.

5.2. Elite performances.

According to the results, for the labels requested, **5 athletes (mixed men and women) will be counted in the same year and in the same race; according to Appendix 1 of the Labelling guide**, in races whose marks achieved are of international level, the Gold label will be awarded, while if those marks are of national level, the Silver label will be awarded.

5.3. Course Measurement.

- Gold and Silver: the course must be measured by an Official "A" or "B" WA /AIMS measurer following WA rules with Jones Counter or GPS track for Trail.
- Bronze: The track will be measured by an official WA measurer or by an official measurer of the relevant National Federation.

A Technical Delegate will be appointed before the race, both for Gold Label events (compulsory) and Silver Label events (recommended). The Technical Delegate will be nominated by the Directors responsible for Labelling and competition

5.4. Anti-doping Control.

- Gold: Doping control is required by the IAU in accordance with WA guidelines. A minimum of 2 doping controls will be carried out.
- Silver: This is not compulsory, but advisable, especially if a record is to be broken.

The costs shall be borne by the race organiser or the national federation.

5.5. Trail Races.

Races fulfilling the definition for trail events will be awarded an IAU Trail label. The varying race characteristics between events make it difficult to judge performances for the higher levels of label.

5.6. Non Official Modalities (NOM).

- They will follow the same criteria as the Official Measurements in terms of measurement certificate and anti-doping control.
- According to the results, for the requested labels, 10 athletes (mixed male and female) will be counted in the previous year and in different races. The athletes will have achieved this record in an official labelling event.
- The scale in Appendix 1 shall be applied, as in point 5.2 of this guide, concerning elite performances.

6. PROCEDURE FOR APPLYING FOR AN IAU LABEL.

6.1. The organiser will fill in the online application form on the IAU website, provide the required additional evidence and send it in digital format only as soon as possible to the following email address; may also apply even if the event has already taken place.

- labels@iau-ultramarathon.org

If you have any questions or suggestions, please contact us at the above mentioned email address.

6.2. Only complete dossiers will be taken into account, which means that they will contain:

- a. The organisation's online application,
- b. The measurement certificate or track of the event
- c. A proof of approval by the National Athletics Federation, or link in the official calendar of your National Federation.
- d. A complete race result from the last two or three years when applying for an IAU Silver or Gold Label applying point 5 of this guide.
- e. ALL in electronic format.

6.3. Once the technicians in the area have checked that everything is correct, they will proceed to upload it to the IAU calendar to make it visible to everyone.

APPENDIX 1

International and National Level

INT= International Level, NAT= National Level

	50K	
	M	W
INT	03:08:00	03:40:00
NAT	03:25:00	03:59:00

	50Mile	
	M	W
INT	05:29:00	06:17:00
NAT	06:00:00	06:54:00

	100K	
	M	W
INT	07:00:00	08:00:00
NAT	07:40:00	08:45:00

	100 Mile	
	M	W
INT	14:25:00	16:35:00
NAT	15:45:00	18:05:00

	6H	
	M	W
INT	88	77
NAT	80	71

	12H	
	M	W
INT	141	128
NAT	133	121

	24H	
	M	W
INT	244	224
NAT	217	199

	48H	
	M	W
INT	369	319
NAT	328	284

	6 Days	
	M	W
INT	838	698
NAT	745	620

APPENDIX 2

Instructions for completing Race Results

The organiser shall send the complete results of his event whenever required for IAU, WR, CW, WBP, or apply for a Gold or Silver Label:

- Records Committee: records@iau-ultramarathon.org
- Results Committee: results@iau-ultramarathon.org
- Labelling committee: labels@iau-ultramarathon.org

General Instructions:

1. When forwarding race results it is essential that they presented in a standard format, using Microsoft Excel, Font Type – Arial – Size 10, in English, page formatted to Landscape, to ensure accurate, and early inclusion into the World Rankings.
2. Performances for measured distance races such as 12 hr., 24 hr., etc. should be shown in Kilometres to three decimal places (i.e. – 123,456). Commas must be used. Cell should be formatted to general, or as a number. Numbers written as text cannot be sorted correctly.
3. Performances for timed events such as 50Km, 100Km, etc. should be shown in hours, minutes & seconds to two decimal places, and separated by a colon (i.e. – 09:45:15)
4. Surname should commence with the first letter in upper case, and all remaining letters in lower case. In the instance of a double-barrelled name (Smith-Brown) the first letter of each name should be upper case.
5. First name should follow the same format.
6. Gender should be shown as M for male, and F for Female.
7. Date of Birth should be written numerically in the format day, month, year, with the year shown in full (i.e. – 01/01/2008).
8. Race surface should be stated. I for Indoors, R for Road, T for Track and Trail.
9. Country name should be abbreviated to three upper case letters in accordance with the official WA/IOC list, i.e. GBR – Great Britain. ESP – Spain, ITA – Italia, etc.



10. Date should be in the format day, month, year, with the year shown in full (i.e. – 01/01/2008).
11. Location should be presented as location, country (i.e – Madrid, Spain)
12. Race Results are to be forwarded to the IAU no more than 2 weeks after the race, in the above format
13. The JUDGE JUDGE of the race must sign a copy of the results and present his credentials, which will be sent with the race results. This copy can be sent in pdf format. Archive.

RESULT FORMAT FOR IAU RESULTS

EXCEL FILE !

Rank	Perf.	Name	1 st Name	Gdr	DOB	Ctry
1	203.450	Smith	John	M	19/12/1960	GBR

Surface R=Road TK= Track TL=Trail I= Indoor	Date	Location	Name of the race	Distance
R	25/07/2007	London, UK	24H of London	24H
				100 km

A brief description of the results format can be downloaded from the IAU website.

HW suggests that they should also be sent to DUV statistiks as well - They usually are but we should endorse this.

APPENDIX 3

APPROVED DIGITAL FORMATS

What is allowed ?

- **APPLICATION FORMS** on line only,
- Evidence of course **MEASUREMENT** in **PDF** or **JPG** format, (GPX for Trail races)
- **APPROVAL OF THE NATIONAL FEDERATION**, in writing in **PDF**, or, the link to your Event in the national calendar of your Federation, in the year in which the Event is to be held.
- **RESULTS FROM PREVIOUS YEARS** in **EXCEL**