



IAU ANTI-DOPING POLICY September 2024

The International Association of Ultra-runners (IAU) is recognized by World Athletics (WA) as the organization responsible for administrating internationally the running sport of ultra-distance (all distances greater than the marathon). The IAU fully endorses and subscribes to the WA anti-doping policy in order to help ensure a level playing field for athletes. The IAU policy is to test for doping in major competitions and to encourage testing in our IAU-labelled events.

For all IAU World and Continental Championships and other IAU endorsed worldwide major ultra-distance events there will be in-competition testing.

National Federations and Local Organizing Committees must set up arrangements to, at a minimum, test the first three men and women and two other randomly selected male and female finishers (i.e.: minimum of 10 tests). Result-Management responsibilities for positive findings for all athletes including Non-WA participants must be clearly defined in the COMPETITION HANDBOOK. This will be codified for future contracts between the IAU and race championship organizers.

THERAPEUTIC USE EXEMPTIONS (TUE)

Athletes competing in Major IAU Competitions (MIAUCS) and nominated by their National Federations will, when applicable, have completed TUE forms for their respective federations. Copies of these forms should be brought to the MIAUCS for presentation for drug testing as required by WA rules.

IAU LABELLED RACES

Races that are labelled by the IAU have to be endorsed by the relevant National Federation and will be subject to both WA and local Federation appropriate drug testing rules.

IAU RECORDS

From January 1, 2008, no new IAU World or Continental Best Performances (WBP or CBP) will be considered for ratification purposes without evidence of a negative anti-doping test for at least the competition where the performance occurred. Doping tests should be in accordance with WA Rule 26 Paragraph 6. Race organizers anticipating that a WBP or CBP could be achieved in their event should ensure that relevant anti-doping procedures are in place.

IAU MEMBER FEDERATIONS RESPONSIBILITIES

Countries where the authorized IAU National Federation is not a WA Federation should ensure local arrangements are in place that comply with WA procedures. If necessary they should consult the IAU for advice. All of this information is available on the IAU website and reminders sent to IAU Federations.