



IAU MEMBERSHIP INFORMATION

WHAT IS THE IAU

The International Association of Ultrarunners (IAU) works under the patronage of the IAAF and is dedicated to developing ultradistance running internationally within the IAAF Rules & Regulations. As international governing body for ultradistance running, one of our main objectives is to promote and develop long distance running in the various continents by encouraging specific activities in each of the IAAF Continental Areas.

COMPETITIONS

The 100 km is our “flagship” since the IAAF officially sanctions this distance and also ratifies 100 km world records.

The annual major IAU competitions are :

- 100 km World Championships under the patronage of the IAAF
- 100 km Area Championships
- 24H World Championships
- 24H Area Championships
- Trail World Championships
- 50 km World Championships
- Commonwealth Ultradistance/Mountain Running Championship (from 2009 onwards, jointly with the WMRA and supported by the Commonwealth Games Council)

MEMBERSHIP

IAU Membership is available to any National Athletic Federation (IAAF Member) or to a National Ultrarunning Association, recognised by the IAAF Member and authorised by the IAAF Member to become an IAU Member.

The annual membership fee is 150 euro and this amount can be settled through your IAAF account or by direct transmission to the IAU account
(ING bank - account number: 380-0152209-87- IBAN: BE67 3800 1522 0987 -
BIC Code : BBRUBEBB)

The membership fee is only due from the moment that your Federation is sending athletes for the first time to one of our major competitions.



BENEFITS

IAU Membership will entitle the ultrarunners, affiliated to your Federation, to take part in our above mentioned major competitions. For these events your Federation will receive an invitation to select teams (minimum 3 athletes) or individual athletes to take part in the **Major IAU Competitions** (MIAUC's).

The selected teams/athletes for the MIAUC's are eligible to receive a **travel grant** which is based on

- the travel distance from your country's capital to the capital of the country of the competition venue, and
- the quality of the selected athletes (the quality is reflected in the ranking of the athletes, for which only the performances in IAU labelled events are taken into account)

For more details about the travel grant system we refer to the download section of our website (www.iau-ultramarathon.org → downloads → IAU Travel Grant System)

For more details about the labelling system please follow the same routing (www.iau-ultramarathon.org → downloads → IAU Labelling for ultraraces).

The Local Organising Committee's (LOC) of our MIAUC's will also offer free full board accommodation for a maximum of 2 male and 2 female athletes for 3, 4 or 5 nights depending upon the flying time to the competition venue

APPLICATION

Membership can be achieved by returning the completed application form to the indicated fax numbers.



**APPLICATION FOR MEMBERSHIP OF I.A.U.
BY A
NATIONAL ATHLETIC FEDERATION**

Federation Name

Federation OfficialName

.....Position

.....Signature

Date of Application

Method of payment of IAU membership fee. : IAAF account/ Bank transfer to IAU account
(delete as appropriate)

Please send this application by e-mail to :

Hilary Walker
IAU General Secretary
International Association of Ultrarunners
6-8, Quai Antoine 1er
MC 98057 Monaco.
Secretary@iau-ultramarathon-org

with copy to
IAAF Secretary General
6-8, Quai Antoine 1er
MC 98057 MONACO

fax : 00377/93.15.95.15