



INTERNATIONAL ASSOCIATION OF ULTRARUNNERS

EXECUTIVE COUNCIL REPORT TO THE IAAF ROAD RUNNING COMMISSION

**FRANKFURT
27th October 2017**

1. Introduction

The International Association of Ultrarunners (IAU) is operating under the patronage of the IAAF and is dedicated to developing ultradistance running internationally within the IAAF Rules & Regulations. As international governing body for ultradistance running, one of our main objectives is to promote and develop long distance running in the various continents by encouraging specific activities in each of the IAAF Continental Areas.

The IAU is registered at the IAAF Headquarters in Monaco and our Constitution has been deposited pursuant to the Monegasque law.

2. Structure

IAU Congress

Our Full Congress with elections is held every 4 years. We held the latest congress with the elections on November 26th 2016 at the venue of the IAU 100K World Championships in Los Alcazares, Spain.

We also hosted an Extraordinary Congress in Belfast, Northern Ireland at end of June 2017 to move two motions:

- a) Give Congress the ability to host a mid-term Election at the Congress as opposed to wait for 4-years to fill vacant spots on Council. This is very pertinent to our current Council as Dirk Strumane, re-elected to the President's position stepped down in January 2017.
- b) Follow the one member per IAAF federation rule to allow affiliation to all IAAF member federations. This follows closely with the IAAF constitution.

Both amendments were unanimously passed at the Congress.

In the meantime, IAU business continues as usual with the Vice President leading on the Presidential duties sharing the workload with the General Secretary and rest of the Executive Council.

IAU Executive Council and committees.

The Executive Council is elected by Congress and consists of 7 members and 4 Area Representatives (composition at the bottom of this document. Our organisation has several Committees in support of the Executive Council covering the following topics

- Communication, Technical, Record, Trail, Medical, Financial and Career Awards.

3. Membership

One of the measures of the 'importance' of an international governing body is often the number of countries it represents. In 2004 the IAU had 38 members. Despite the introduction of the annual membership fee from 2007 onwards (150 euro per year, before that the membership was free), the number of members has increased constantly.

We currently have 84 Member Federations which are affiliated to the IAU, amongst whom 6 are National Ultrarunning Associations (Australia, Canada, South Korea, Mongolia, Mexico, Philippines). Currently Russia is suspended in line with IAAF policy and some other federations are also suspended whilst their membership fees are overdue and we are encouraging them to become more active members.

IAU Member Federations (84 countries)

EUROPE : 39 countries

Albania – Andorra – Austria – Belgium – Belarus – Bulgaria – Croatia – Czech Republic – Denmark – Spain – Estonia – Finland – France – Great Britain – Germany – Gibraltar – Greece Hungary – Ireland – Iceland – Israel – Italy – Latvia – Lithuania – Luxembourg – FY Rep of Macedonia – Monaco – Netherlands – Norway – Poland – Portugal – Romania – Russia – Serbia - Switzerland – Slovakia – Sweden – Turkey – Ukraine

AFRICA : 20 countries

Algeria – Angola – Burundi – Congo (BR) – Congo (DR) – Cameroon – Comoros – Cape Verde – Gambia – Ghana – Kenya – Lesotho – Madagascar – Namibia – Nigeria – Niger – South Africa – Sierra Leone -Tunisia - Zimbabwe

ASIA & OCEANIA : 15 countries

Australia (*) - Brunei – Hong Kong – Jordan – Japan – Kyrgyzstan – South Korea (*) – Lebanon – Mongolia (*) – Nepal – New Zealand – Philippines (*) – Qatar – Sri Lanka – Chinese Taipei -

THE AMERICAS : 10 countries

Argentina – Brazil – Canada (*) – Costa Rica – Ecuador – Mexico (*) –Peru - Uruguay –Venezuela - United States

(*) these are countries where the IAU member is a National Ultrarunning Association (NUA) which is entitled by their National Athletic Federation to represent the country in the IAU.

4. Competitions

The 100 km is our “flagship” since the IAAF officially sanctions this distance and ratifies 100 km world records.

The Major IAU Competitions (MIAUCs) are :

- 100 km World Championships under the patronage of the IAAF
- 100 km Area / Continental Championships (for Europe under the patronage of European Athletics)
- 24H World Championships
- 24H Area / Continental Championships (for Europe under the patronage of European Athletics)
- Trail World Championships
- 50 km World Championships

Since our last report in February we have held 2 major IAU competitions.

2017	Trail World Championship	Badia Prataglia	Italy
2017	24H European Championship	Dublin	Northern Ireland

5. Trail World Championships 2017 (Badia Prataglia, Italy)

The Trail World Championships were held in Badia Prataglia, Italy on 10th June. It was a highly successful partnership between IAU and ITRA for the second year running with ITRA responsible for the technical aspect of the event. It was held over the shorter distance of 50K and athletes from 37 countries took part. It was also notable by the unanimous acceptance of our first Refugee athlete to take part in the championships. We look forward to continuing our fruitful partnership next year in Spain.

6. 24 Hour World Championships 2017 (Belfast, Northern Ireland).

July saw the 24 Hour World Championships being held in Belfast, Northern Ireland. In collaboration with the World Masters Association, we also held the 1st WMA 24h World championships at the same time. The combination led to our largest field ever for the World 24h events with almost 500 athletes in the field. The race also brought the best ever depth of performances (30 men over 240K, 22 women over 220K) as well as a pending IAU Women 24H world record. Unfortunately, it also brought us a considerable headache and a lesson well learnt. Despite the trial event the previous year passing without incident, a “perfect storm” led to the chip timing software becoming corrupted. Though the immediate awards ceremony could be made, the LOC and ourselves had to spend some considerable time manually sorting the results to reach the final classifications. Lessons learnt about greater redundancy in systems for the future.

The results for these championships are shown at the end of the document.

7. 100km Americas Championships (Madison, USA).

Madison hosted the inaugural 100km Americas Championships. Though we had a small turnout at the event in April, the first edition of the championships set the stage for future events. We are alternating between world and continentals championships in respective years to enhance the interests from future hosts and also take our sport through continental championships to areas normally not reached by world championships.

There are the following competitions in place for 2018 and beyond.

MAJOR IAU COMPETITIONS FOR THE COMING YEARS			
Year	Competition	Location	Country
2018	Trail World Championship	Penyagolosa	Spain
	24H European Championship	still open	
	50 km World Championship	still open	
	100 km World Championship	Sveti Martin	Croatia
2019	Trail World Championship	still open	
	24H World Championship	Irdning	Austria
	50 km World Championship	still open	
	100 km European Championship	still open	
2020	everything still open		

8. Future Trail World Championships.

We continue to work with ITRA, WMRA and IAAF in establishing the championships over a long weekend to encompass all the disciplines at the same venue. With regards to this we have had meetings in Badia Prataglia, Italy, Parma, Italy and London, United Kingdom.

While these broader championships are being discussed, we will continue to collaborate with ITRA as our technical consultant to host championships through 2019. The 2018 Trail World Championships will take place in Penyagolosa, Spain. We are currently short listing the candidates for the 2019 Trail World Championships.

9. IAAF Congress and World Championships.

We attended the Congress as observers and took the opportunity of the IAAF Track and Field World Championships to meet with our partners including the WMA, WMRA, ITRA and IAAF and Member Federations.

The sessions during the Congress days were very informative and we have incorporated several ideas from the Athletes sessions into our Association.

10. Bringing Ultrarunning enthusiasts on Committees.

We are growing fast and there are a lot of expertise that are needed to sustain this growth. There is significant interest amongst our federations and members to be involved in IAU activities. We have reached out to our membership to assist us in our operations.

The Records Committee and the Communications Committee are two committees that are being coordinated by member volunteers with Council representation on the Committees. Furthermore, as mentioned earlier in the report technical, medical and career awards committee all have volunteers in those committees.

11. Records Ratified.

There is one world' best performance for women achieved at the IAU 24 Hour World Championships that is waiting to be ratified. In addition to that there are several World's Age Best performances that have been and are continued to be ratified by our Records Committee.

I.A.U. EXECUTIVE COUNCIL 2016-2020

Dirk Strumane	BEL	President (resigned Jan 2017) position now vacant.
Nadeem Khan	CAN	Vice-President
Hilary Walker	GBR	General Secretary
Liesbeth Jansen	NED	Director of Organisations
Robert Boyce	AUS	Director Finance and Marketing IAU Treasurer
Francisco Sanchez-Rico	ESP	Director of Competition and Statistics
Jan Vandendriessche	BEL	Director for IAU label races and calendar

Area Representatives

Walter Hill	GBR	Europe
Lin Gentling	USA	The Americas – and Protocol Lead
Solomon Ogba	NIG	Africa
Gillsoo Park	KOR	Asia & Oceania

Honorary Members

Malcolm Campbell	GBR	Honorary Life President
Harry Arndt	GER	Honorary Life Vice-President
Soto Rojas	ESP	Honorary Life Member
Souhei Kobayashi	JPN	Honorary Life Member
Pierre Weiss	FRA	Honorary Life Member

IAU News

NEWS IN BRIEF

European Partnership

European Athletics (EA) and IAU signed an agreement to jointly promote distance and ultrarunning across Europe, engage Member Federations to this segment of Athletics and use best efforts to integrate Ultrarunning Associations to the Member Federations of EA. EA will pay an annual grant to IAU to promote European ultrarunning.

The agreement will be subject to annual renewal.

WMA Partnership

IAU and World Masters Athletics have signed a cooperation agreement for the next five years. Both Associations are expecting to extend this cooperation to other events as well as the 100km.

8 April 2017

1st IAU 100km Americas Championships

Madison, Wisconsin, USA

MEN:

1	Jesse DAVIS	USA	7:06:08
2	Isalah JANZEN	USA	7:10:42
3	Mike BIALICK	USA	7:12:55

WOMEN:

1	Caroline BOLLER	USA	7:51:02
2	Julie HAMULECKI	CAN	8:03:46
3	Katalin NAGY	USA	8:03:58

10 June 2017

World Trail Running Championships 50km

Badia Prataglia, Italy

The 50km championships event was run through the Sacred Forest featuring some of the most scenic routes to be seen in any championship.

Luis Hernando was always in the mix and he knew these trails well but left it to Andy Wacker (USA)

and Cedric Fleureton to set the early pace. Henri Ansio (FIN) moved up into second place during the middle sections and held on to eventually finish fourth. Cristofer Clemente ran a calculated pace and moved past Fleureton in the later stages to take the silver medal.

In the women's race Ragna Debats (NED) and Ladia Albertson (USA) were the early leaders. As the trails got steeper, both going up and down, Adeline Roche showed her strength while Amandine Ferrato and Silvia Rampazzo came through to take the podium places behind her. Debats slipped one place from her bronze medal finish last year and Nathalie Mauclair's 5th spot secured team gold for France.

MEN:

1	Luis Alberto HERNANDO	ESP	4:23:31
2	Cristofer CLEMENTE	ESP	4:24:31
3	Cedric FLEURETON	FRA	4:28:03

TEAMS: 1. France 15:17:43; 2. Italy 16:05:08; 3. Spain 16:26:05

WOMEN:

1	Adeline ROCHE	FRA	5:00:44
2	Amandine FERRATO	FRA	5:00:47
3	Silvia RAMPAZZO	ITA	5:11:07

TEAMS: 1. Spain 13:17:32; 2. France 13:43:06; 3. United States 14:16:53

**EXECUTIVES****President:**

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Directors: Liesbeth Jansen (NED); Paco Rico (ESP); Jan Vandendriessche (BEL); Robert Boyce (AUS)

Africa Representative: Solomon Ogba (NGR)

Americas Representative: Lin Gentling (USA)

Asia & Oceania Representative: Gisoo Park (KOR)

Europe Representative: Walter Hill (GBR)

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DIARY**IAU World 50km Championships**

November 2017, Doha (QAT)

1-2 July 2017

12th IAU 24 Hour World Championships

Belfast, Great Britain



Yoshihiko Ishikawa (JPN) and Patrycja Bereznowska (POL) won the individual titles with Bereznowska's distance being a World's Best Performance (pending ratification). Japan won the men's team title and United States of America won the women's team title.

Running on a 1.65km loop course the early leader was Radek Brunner (CZE) after which Tamas Rudolf took over during much of the night. Ishikawa moved through the field in the early morning hours to eventually take the lead in the 22nd hour and go on to become world champion.

During her World's Best Performance Bereznowska trailed 2015 champion Katalin Nagy by a lap but paced herself to take the lead during the night. Her team mate Aleksandra Niwiska came through in the second half overtaking the three American runners to place second.

MEN:

1	Yoshihiko ISHIKAWA	JPN	270.870km
2	Sebastian BIALOBRZESKI	POL	267.187km
3	Johan STEENE	SWE	266.515km
4	Nobuyuki TAKAHASHI	JPN	264.506km
5	Stephane RUEL	FRA	260.077km

TEAMS: 1 Japan, 783.159km; 2 Poland, 763.630km; 3 United States, 755.458km; 4 Hungary, 752.867; 5 France, 752.813

WOMEN:

1	Patrycja BEREZNOWSKA	POL	258.339km
2	Aleksandra NIWINSKA	POL	251.078km
3	Katalin NAGY	USA	248.970km
4	Gina SLABY	USA	248.276km
5	Pam SMITH	USA	243.611km

TEAMS: 1 United States, 740.856km; 2 Poland, 740.234km; 3 Germany, 689.622km; 4. Sweden, 684.613km; 5 Japan, 658.904km

NEWS IN BRIEF**Communications Committee**

To assist with promoting ultrarunning globally IAU have formed a Communications Committee with representatives from all areas*. It will be an interactive group communicating through all available social media. Membership consists of:

Jacek Bedkowski (POL), Chair; Lucas Alves (BRA); Wayne Botha (NZL); Frank Kuo (TPE); John O'Regan (IRL); Nadeem Khan (CAN) – Council Liaison

*** An Africa representative is to be recruited.**

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