



GENERAL INFORMATION SHEET

2017 Trail World Championships Saturday, June 10th Badia Prataglia (Italy)





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WELCOME

LOC welcomes all athletes, officials, coaches and medical teams, hoping that the participation in the Trail World Championship in Italy leaves you with excellent memories.

Italy is a peninsula located in the middle of the Mediterranean Sea. The Italian territory has a total area of 301.338km² delimited on the north by the Alps and on the south by the Mediterranean Sea. Italy is made up of 21 regions, including the islands of Sicily and Sardinia. Italy is the country with the richest storical and cultural heritage in the world.

This competition will take place in the National Park of Foreste Casentinesi, located in the central Appennines, between Tuscany and Emilia-Romagna.

The peculiar characteristic of the park is the forest, amongst the oldest in Europe, which covers it's whole territory. The untouched Sasso Fratino forest is nominated to become a World Heritage Site (UNESCO). In addition to the environmental characteristics, lots of ancient religious and cultural settlements of national importance can be found, like the Hermitage of Camaldoli and the Verna Sanctuary, place in which San Francis of Assisi is believed to have received the stigmata. Another unique feature of this territory is the outstanding feat of hydraulic engineering that is the Ridracoli's Dam, the artificial reservoir that supplies with drinking water 55 municipalities of Emilia-Romagna.

You quickly jump from the vegetation rich sceneries of the Tuscan side to the wide open panoramic ones of Emilia-Romagna, with peaks reaching a maximum altitude of 1650m.

LOC calls for athletes, all the participants and assistant's attention to absolutely respect for the preservation of nature, following the principle:

"DON'T LEAVE MORE THAN FOOTPRINTS, DON'T TAKE MORE THAN PICTURES"







ITALY

MILAN

ROME





WEATHER CONDITIONS

Average weather conditions during the 5 past years:

maximum temperature: 21° C
 minimum temperature: 11° C
 average temperature: 16° C
 average daily rainfall: 6 mm

CONTACTS

INTERNATIONAL ASSOCIATION OF ULTRARUNNERS

Website: www.iau-ultramarathon.org

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E-mail: nadeem.khan@iau-ultramarathon.org

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E-mail: secretary@iau-ultramarathon.org

PROTOCOL COORDINATOR

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E-mail: paco.rico@iau-ultramarathon.org

INTERNATIONAL TRAIL RUNNING ASSOCIATION

Website: www.itra.run

PRESIDENT OF ITRA

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COMMUNICATION COORDINATOR

Name: José Carlos Santos Tel.: (+351) 910 265 526 E-mail: jose.santos@i-tra.org







FIDAL

President: Giomi Alfio

General Secretary: Pagliara Fabio

INTERNATIONAL DEPT.

Name: Russo Roberta

Address: Via Flaminia nuova, 830 - 00191 Rome - Italy

Tel.: (+39) 0633484735 Website: www.fidal.it

E-mail: internationaldept@fidal.it

MOUNTAIN AND TRAIL RUNNING TECHNICAL COORDINATOR

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E-mail: mountain.trail@fidal.com

RACE DIRECTOR

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E-mail: dimitri.bonucci@gmail.com

PRESIDENT

Name: BONUCCI DIMITRI Tel:(+39) 3357377787

E-mail: dimitri.bonucci@gmail.com

RACE SECRETARY

Name: Neri Giulia Tel. (+39) 3454109311

E-mail: info@trailsacredforests.com

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ACCOMMODATION DIRECTOR

Name: Sardelic Susanna - Casentino Viaggi

Tel. (+39) 0575594776

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TRANSPORT DIRECTOR

Name: Sardelic Susanna - Casentino Viaggi

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E-mail: accommodation@trailsacred for ests.com

MEDICAL DIRECTOR

Name: DEL BELLO GUYA Tel. (+39) 3286582873

E-mail: medical@trailsacredforests.com

(Medical staff will be completed by 2 doctors designed by the President of the ITRA's Health

Commission)

TRACK DIRECTOR

Nome: Bussi Francesco Tel. (+39) 3454109311

E-mail: info@trailsacredforests.com

COMMUNICATIONS DIRECTOR

Name: Selvatico Riccardo Tel.: (+39) 3482426299

E-mail: press@trailsacredforests.com

RESCUE MANAGER

Name: Giovannini Alessandro Tel.: (+39) 3356164876

E-mail: press@trailsacredforests.com

SAFETY AND ROUTE MANAGER

Name: Tatangeli Sebastiano Tel.: (+39) 347 6494661

E-mail: security@trailsacredforests.com







CENTRAL MEETING POINT - HEADQUARTERS LOC

LOC headquarters will be located at:

 During 06, 07, 08, 09, 10 and 11 June
 Visitor Center National Park of Foreste Casentinesi, Road Nazionale 14/a 52014 Badia Prataglia (AR) Italy.

TRANSPORTATION

Teams arrival

The only official Airport is Bologna. Teams will be met there by representatives of the LOC through a welcome desk located in the international arrival room of the airport. Other main airports are Pisa, Firenze and Rome, but for those airports LOC will not offer logistic support.

Transfer to Badia Prataglia

Teams can take transports rented independently or book (at least 30 days before arrival) the bus made available by LOC at the price of 15€ per person, which will take the athletes directly to their hotel. The travel is of about 134km and lasts about 2 hours. The passenger will have to pay directly on the bus. The welcome desk will be open from June 6th till June 9th, 2017. **Bus timetables:** Will be established after receiving the flight plans of the nations and depending on the received bookings. The bus departure times will be comunicated within 20 days before the arrival.

Free transfers

LOC will manage the following transportation for the delegations:

Hotel/Opening ceremony and return







- Hotel/Start line
- Finish line/Hotel
- Hotel/Transfer to airport on Sunday 11th June
- Transportation for coaches/officials/medical team (max 2 people), from the start line to the aid station n.3, then from the start line to the aid station n.4 and then to the finish line.

Additional option - car rental

For more comfort and flexibility during your stay, you have the option of renting a car. It will be the only solution for coaches to go to all the Aid stations (following the speed of your different runners). Online reservation is available on **www.avisautonoleggio.it** Phone number: (+39) 199100133 Mentioning the following discount code **AVIS J544627**



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Menu	Descrizione	Modello indicativo	1 gg	2 gg	3 gg	4 gg	5 gg	6 gg	7 gg	8+ gg
Piccole	City Car	A - Fiat 500 1.2	35.28	70.55	89.02	118.69	131.24	139.76	143.91	20.56
	Economica	B - Fiat Punto 1.2	38.90	77.81	98.18	130.90	144.74	154.10	158.69	22.67
	Economica	C - Citroen C3/Fiat Punto Evo 1.3	41.82	83.65	105.54	140.72	155.60	165.69	170.61	24.38
	Economica Aut.	J - Lancia Y Automatic	52.28	104.56	131.93	175.91	194.51	207.11	213.26	30.47
Medie	Compatta	D - Fiat Bravo/Lancia Musa 1.3 Mjt	48.03	96.05	121.19	161.59	178.69	190.27	195.91	27.99
	Station Wagon	E - Ford Focus 1.6 Tdci Sw	52.21	104.43	131.77	175.68	194.27	206.87	213.01	30.43
	Standard	F - Alfa Giulietta 2.0/Lancia Delta 1.6	60.66	121.33	153.08	204.11	225.70	240.33	247.47	35.35
	Monovolume Piccolo	I - Mercedes Classe A Autom.	66.73	133.46	168.40	224.53	248.28	264.37	272.22	38.89
Grandi	Monovolume Medio	G - Ford C Max/Ford Kuga	62.48	124.97	157.68	210.24	232.47	247.55	254.90	36.41
	Executive	H - Mercedes Classe C220	74.98	149.96	189.21	252.29	278.97	297.05	305.87	43.70
	Monovolume Grande	K - Fiat Ulysse 7 posti	80.33	160.65	202.70	270.27	298.86	318.23	327.68	46.82
	Minibus	M - Fiat Scudo Combi 9 posti	89.68	179.35	226.30	301.73	333.64	355.28	365.83	52.26
	Lusso	L - Mercedes Classe E	101.15	202.30	255.26	340.34	376.34	400.73	412.63	58.95

ACCOMMODATION

Delegations will have the possibility to stay in structure of 3 different categories: Cat. A, B, C.

• Category A: "Hotel Bosco Verde" - 3 ***, "Albergo La Foresta" - 2 ** - located in the center of Badia Prataglia, a few steps away from the start and finish line.







- **Category B:** "Pensione II Giardino" 2 ** located in Badia Prataglia a few steps away from the start and finish line, "Rifugio la Casanova" 2 ** located in Badia Prataglia 1km away from the start and finish line.
- Category C: "Foresteria di Camaldoli" 2 ** located in Camaldoli, 10km away from Badia Prataglia, "Parc Hotel" 3 *** located in Poppi, 16km away from Badia Prataglia.

 The start and finish line is located in Badia Prataglia and the transfer is guaranteed by the LOC (by bus) from where the delegations are hosted. The organizing Committee will offer full board accommodation, free of charge, for a maximum 2 male and 2 female athletes per delegation for a defined number of nights (See Distance to Italy section).

Accommodation for additional athletes, other delegation members and any eventual additional nights will be charged at the following rates:

Category A: 3/2 *** hotel - 75€ double and triple occupancy rooms/ 70€ quadruple occupancy room/ 90€ single occupancy room (until bed exhaustion) - 130 total beds.

Category B: 2 ** boarding hotel and e Refuge - 65€ double and triple occupancy rooms/ 60€ quadruple occupancy room/ 85€ single occupancy room (until bed exhaustion) - 100 total beds.

Category C: 3 *** Hotel and 2 ** stars Guset House - 70€ double and triple occupancy rooms/ 65€ quadruple occupancy room/ 90€ single occupancy room (until bed exhaustion) - 200 total beds.

Price per person and per night which includes full board

N.B. please note that hotel packages include also all the transfers listed, teams choosing independent accomodation must organize all transfers on their own, no package no transfers.

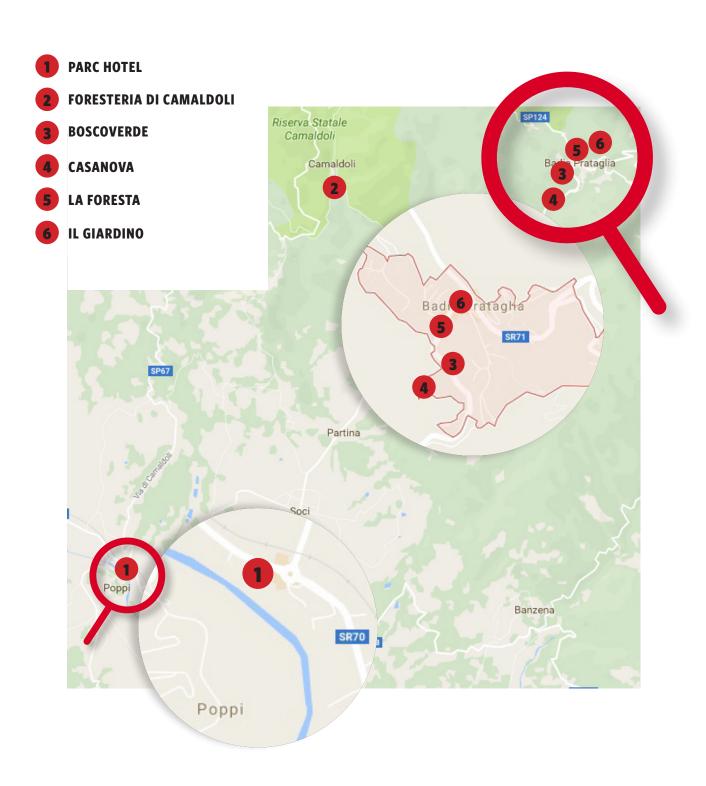
MEALS

• Everyday: Breakfast, lunch and dinner at the hotels, excluding the dinner of 9 June, which will be held in Poppi after the opening ceremony, and the lunch of 10 June, which will be held at the structures located on the staring/arriving point.













1 PARC HOTEL

Location: Via Roma 214 - Località Ponte, Poppi (AR), Italy

Tel: +390575529994

Email: fparchotel1@gmail.com





2 FORESTERIA DI CAMALDOLI

Location: Monastero di Camaldoli, Camaldoli, Poppi (AR), Italy

Tel: +390575556013

Email: foresteria@camaldoli.it











3 hotel BOSCO VERDE

Location: Via Nazionale 8/10, Badia Prataglia, Poppi (AR), Italy

Tel: +390575559017

Email: boscoverde@technet.it







4 housing CASANOVA

Location: Via Casanova 3, Badia Prataglia, Poppi (AR), Italy

Tel: +390575559897

Email: Casanova@RifugionelCasentino.it











5 hotel LA FORESTA

Location: Via Nazionale, 13 52010 Badia Prataglia, Poppi (AR) - Italy

Tel: +390575559009

Email: info@albergolaforesta.eu







6 hotel restaurant IL GIARDINO

Location: Via Nazionale 15, 52014 Badia Prataglia, Poppi (AR) - Italy

Tel: +390575559016

Email: hotelgiardino@virgilio.it











PAYMENT

Please note that Member Federations will need to pay an accommodation deposit when they send in the PEFs. This is because the LOC must pay the accommodation in advance so they need the financial security of a deposit from the teams. The amount payable is approximately 30% of the number of athletes and management over and above the number of athletes being paid for by the LOC multiplied by the number of nights they are staying. For example if the PEF numbers are 3 male athletes, 3 female athletes and 3 management and the teams want to stay in a "Category A" hotel in a double or triple occupancy room with full board, the price will be of 75€ The deposit would be calculated like this: 9 people - 4 people payed by LOC - 5 people x 3 days x 75€ = 1.125€, first 30%= 337,50 euro, 70% remaining = 785,50 euro.

Payment by bank transfer.

On receipt of the FEF, Member Federations will receive an invoice for the remaining amount that has to be paid before the 20 May.

In resume:

Until March the 30th: 30% Until May the 20th: 70%

Each proof of payment must be sent to info@trailsacredforests.com Payment should be done by bank transfer.

A.S.D. BADIA PRATAGLIA 2001

BANK: BANCA DI ANGHIARI E STIA CREDITO COOPERATIVO S.C.R.L.

IBAN: IT92F0834571330000000052460

BIC/SWIFT: ICRAITRR9L0

THE TRAVEL GRANTS

THE TRAVEL GRANTS WILL ONLY BE PAID BY BANK TRANSFER!

IAU will inform the delegations about the amount of their Travel Grant.







ACCREDITATION PROCEDURE

- Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the Final Entry Form.
- No changes will be accepted after the Final Entry Form deadline (except in case of lesion or last-minute illness of one of the team members).
- Accreditation cards will be distributed to the team leader in Badia Prataglia, on 8th and 9th June (see "General time schedule" section)

PRELIMINARY (PEF) AND FINAL ENTRY (FEF) FORMS

PRELIMINARY ENTRY FORM (PEF)

In order to book the accommodation, each Federation will send a list with the number of athletes. Teams will also have to indicate to which bank account the Travel Grant has to be transferred.

FINAL ENTRY FORM (FEF)

With the final entry forms, each Federation will send the final list with the names of their athletes, dates of birth, gender and will inform the LOC about the travel itinerary details and the time of arrival at the Bologna's Airport of the delegation members and other informations:

- Arrival and departure times
- Flight number







Hotel category (Cat. A, Cat. B, Cat. C)

Required number of rooms and its typology (single, double or triple)

Required number of nights

Food restrictions

Please note that the full board accommodation and transfer offers made by the LOC are conditional on the prompt return of the entry forms within the deadline.

PEF and FEFs shall be completed and sent before the following deadlines:

PEF: March 30th 2017FEF: May 15th 2017

All forms must be sent in digital format to both these email addresses: info@trailsacredforests.com secretary@iau-ultramarathon.org

GENERAL COMPETITION INFORMATION

This event respects IAAF trail rules. With semi-autonomic character, the race goes through the National Park of Foreste Casentinesi, traversing forests, streams, water reservoirs and historical-religious rich locations.

Website: http://www.trailsacredforests.com See also: http://www.iau-ultramarathon.org/

See also: http://www.itra.run/

OFFICIAL COMPETITON

- Men's individual competition
- Women's individual competition

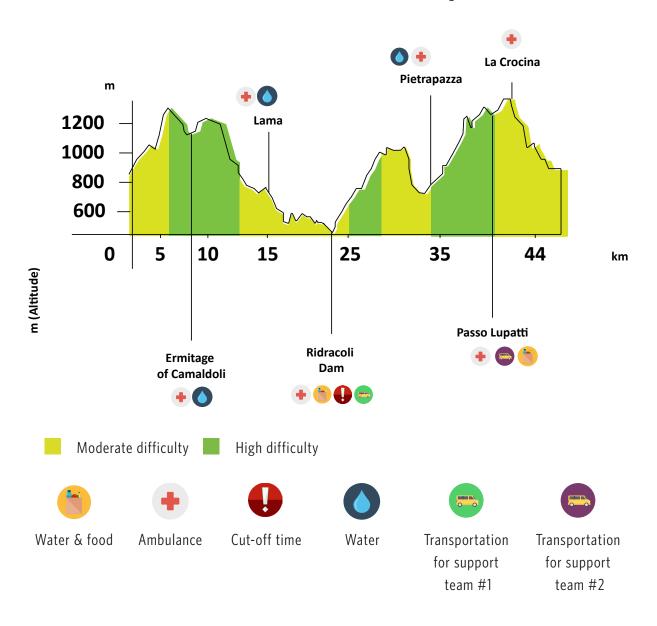






- Men's team competition
- Women's team competition

Only athletes and teams entered by their National Federation can take part in the official competition. Federations can select up to 9 athletes per gender (maximum 9 men and maximum 9 women), 6 of whom can take part in the team competition. The 3 other athletes will be entered for the individual competition only. The "team members" need to be identified before the start of the competition by the Technical Meeting at the latest. The first 3 athletes per country will determine the team score which is based on the accumulated finishing times.







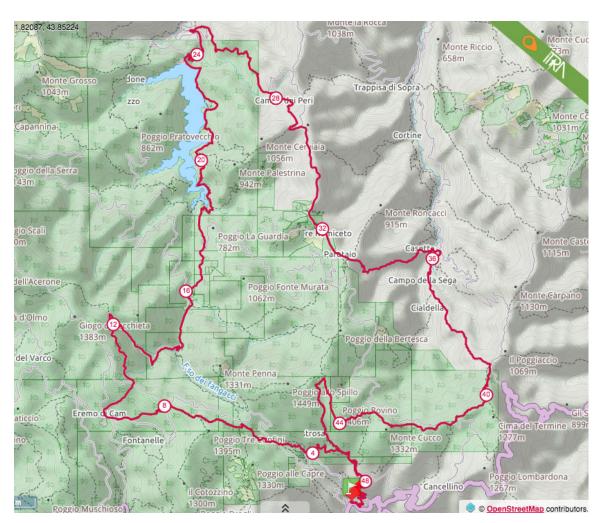


POSITION	(km)	CUMULATE DISTANCE (km)	ALTITUDE (m)	CUMULATE D+ (m)	CUMULATE D- (m)	FASTER RUNNERS	SLOWER RUNNERS	CUT-OFF TIME
BADIA PRATAGLIA	0	0	865	0	0	8:00	8:00	
EREMO DI CAMALDOLI	9	9	1.100	682	424	8:45	9:30	
LA LAMA	6	15	690	273	669	9:15	10:30	
DIGA DI RIDRACOLI	8	23	540	642	767	9:45	11:30	Ridracoli Dam 11:30
PIETRAPAZZA	12	35	600	946	795	10:45	13:50	
PASSO DEI LUPATTI	6	40	1.150	762	196	11:15	14:50	
LA CROCINA	4	44	1.394	366	160	11:35	15:30	
BADIA PRATAGLIA	5	49	865	82	634	12:15	16:00	Badia Prataglia 16:00





TRAIL WORLD CHAMPIONSHIP



FOR MORE INFO VISIT THE WEBSITE: http://tracedetrail.com/fr/trace/trace/29360

TRAIL WORLD CHAMPIONSHIP RACE

 Date
 10 June 2017
 Course
 Trail

 Start time
 08:00
 Distance
 49 km

Max. time 8 hours (official **Total height** 2.700 m of vertical gain

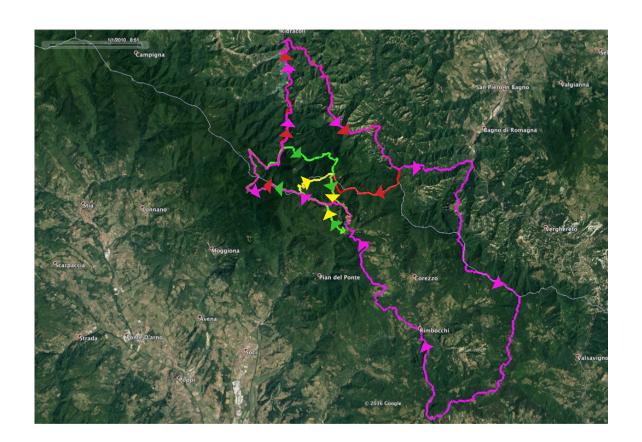
race ends at 16.00)







OTHER OPEN RACE



80 KM - OPEN RACE

10 June 2017 Date N° of runners 200 05:00 Start time

4.200 m of vertical gain Total height

Max. time 19 hours

25 KM - OPEN RACE

10 June 2017 Date N° of runners 200 Start time 15:00

Total height 1.500 m of vertical gain

49 KM - OPEN RACE

10 June 2017 **Date** N° of runners 200 Start time 10:30

Total height 2.700 m of vertical gain

Max. time 9 hours e 30

13 KM - OPEN RACE

10 June 2017 **Date** N° of runners 200 Start time 15:00

Total height 700 m of vertical gain







TECHNICAL MEETING

Location: Badia Prataglia - Cinema Archiano

Date: 9th June 2017

Time: 09:30

TRAVEL GRANT

PRESS CONFERENCE

Location: Badia Prataglia - Cinema Archiano

Date: 9th June 2017

Time: 11:00 Pick up race bibs

Time: 11:30 Travel Grant

Location: Badia Prataglia - Cinema Archiano

Date: 9th June 2017

Time: 11:00

OPENING CEREMONY

Location: Poppi - Conti Guidi Castle **Date:** Friday 9th June 2017

Time: 17:00

Transportation: Buses will leave the hotels starting from 15:30

All athletes must be present on time. The opening ceremony will present all the federations with their flags and all federations are expected to participate.









OPENING CEREMONY

Location: Poppi - Conti Guidi Castle (AR) - Italy







AWARD AND CLOSING CEREMONY

Location: Badia Prataglia 10th June 2017 Date:

Time: 21:00













Location: Badia Prataglia - Poppi (AR) - Italy







Shower



Medical assistance



Pasta party



Start / finish line



Closing ceremony and premiations







GENERAL TIME SCHEDULE

Tuesday 6th / Wednesday 7th / Thursday 8th / Friday 9th / Saturday 10th / Sunday 11th

Welcome at Bologna International Airport and transfer to Badia Prataglia city and then to the hotels.

Tuesday 6th June:

•	11:00	Arrival of the first athletes at Bologna's airport
•	11-12	Opening of the identification desk
•	13:00	Lunch at the hotels
•	21:00	Dinner at the hotels

Wednesday 7th June:

•	08:00	Breakfast at the hotels
•	11-12	Opening of the identification desk
•	13:00	Lunch at the hotels
•	14:30	Transfer using LOC transportation from the hotels to Verna Sanctuary or
		to Badia Prataglia (optional)
•	17:30	Transfer from Verna Sanctuary or from Badia Prataglia to the hotels
•	19:00	Dinner at the hotels

Thursday 8th June:

•	08:00	Breakfast at the hotels
•	09:00	Secretariat opening for health policy tests
•	11-12	Opening of the identification desk
•	12:30	Lunch at the hotels
•	14:30	Transfer using LOC transportation from the hotels to Poppi or to Badia







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•	17:30	Transfer from Poppi or Badia Prataglia to the hotels
•	19:00	Dinner at the hotels
•	21:00	Concert of the Philharmonic Academy of Soci at Badia Prataglia

Friday 9th June:

•	08:00	Breakfast at the hotels
•	09:00	Secretariat opening for health policy tests
•	09:30	Technical Meeting - Badia Prataglia - Cinema Archiano
•	11:00	Bib collection - Badia Prataglia - Cinema Archiano
•	11:00	Press conference in Badia Prataglia - Cinema Archiano
•	11:30	Travel Grant - Badia Prataglia - Cinema Archiano
•	12:30	Lunch at the hotels
•	15:30	Transfer via bus for all the delegations from the hotels to the opening
		ceremony - Poppi at Conti Guidi Castle
•	17:00	Opening ceremony
•	19:00	Dinner at Conti Guidi Castle
•	20:30	Bus transfer back to the hotels

Saturday 10th June:

•	04:00	Breakfast open race athletes
•	05:00	Start of the 80km Open Race
•	06:00	Breakfast at every hotel
•	06:30	Departure of the championship athletes with the buses from the farther
		hotels to the start line in Badia Prataglia (max 25min ride)
•	07:00	Departure of shuttle buses to Ridracoli's Dam for Support Team 1
•	08:00	Start of the Trail World Championship
•	08:40	Arrival of the frontrunner at Hermitage of Camaldoli (9km - water
		refreshment)
•	09:15	Arrival of the frontrunner at La Lama (15km - water refreshment)
•	09:45	Arrival of the frontrunner at Ridracoli's Dam (23km - Support Team 1 -
		water and food refreshment)







•	9:30	Departure of shuttle buses to Passo of Lupatti for Support Team 2
•	10:30	Start of the 49km Open Race
•	10:45	Arrival of the frontrunner at Pietrapazza (35km - water refreshment)
•	11:15	Arrival of the frontrunner at Passo of Lupatti (41km - Support Team 2)
•	11:35	Arrival of the frontrunner at La Crocina (44km - water refreshment)
•	12:00	Start of lunch in Badia Prataglia
•	12:15	Arrival of the Trail World Championship frontrunner
•	13:30	Flower Ceremony of the Trail World Championship
•	15:00	Arrival of the 49km Open Race frontrunner
•	15:00	Start of the 13km and 25km Open Races (Badia Prataglia)
•	15.30	Arrival of the 80km Open Race frontrunner
•	16:00	Arrival of the 13km Open Race frontrunner
•	16:00	Cut off time of the Trail World Championship
•	16:30	Cut-off time of the World Trail Championship
•	17:15	Arrival of the 25km Open Race frontrunner
•	17:00	Award Ceremony of the Open Races
•	18:30	Award Ceremony of the Open Races
•	19.30	Dinner at the hotels for the athletes in Badia Prataglia and Camaldoli.
		The athletes staying in Poppi can have dinner at the stands in Badia
		Prataglia.
•	21:00	Arrival of the 25km and 49km Open Races last runners.
•	21:00	Trail World Championship award ceremony and Closing Ceremony with
		Trail Party
•	00:00	Arrival of the 80km Open Race last runners

Sunday 11th June:

•	08:00	Breakfast at the hotels
•	10:00	Start of the bus transfer from the hotels to Bologna's airport
•	12:30	Lunch for athletes departing in the afternoon







TRAVEL INFORMATION

Below you will find the information for visa. The information is based on what we as LOC know. Maybe there is an embassy or consulate in a city (or country) which is easier for you to reach.

VISA

1. List of Countries and Regions whose Citizens DO NOT NEED A VISA:

ALB, AND, ANT, ARG, ARU, ASA, AUS, AUT, BAH, BAR, BEL, BIH, BRA, BRU, BUL, CAN, CHI,COK, COL, CRC, CRO, CYP, CZE, DEN, ESA, ESP, EST, FIN, FRA, GBR, GER, GIB, GRE, GRN,GUA, HKG, HON, HUN, IRL, ISL, ISR, ISV, IVB, JPN, LAT, LCA, LIE, LTU, LUX, MAC, MAS, MDA,MEX, MKD, MLT, MNE, MNT, MON, MRI, NCA, NED, NFI, NMI, NOR, NZL, PAN, PAR, PLW, POL,POR, PUR, PYF, ROU, SAM, SEY, SIN, SKN, SLO, SMR, SRB, SUI, SVK, SWE, TGA, TKS, TLS, TTO,UAE, URU, USA, VAN, VEN, VIN.

2. List of Countries and Regions whose Citizens DO NEED A VISA and HAVE an Embassy:

AFG, AIA, ALG, ANG, ARM, AZE, BAN, BER, BHU, BLR, BOL, BRN, CAY, CGO, CHN, CIV, CMR, COD, CPV, CUB, DOM, ECU, EGY, ERI, ETH, GAB, GEO, GHA, GUM, JAM, JOR, IND, INA, IRI, IRQ, KAZ, KEN, KGZ, KOR, KOS, KSA, KUW, LIB, LBA, MAD, MAR, MHL, MYA, MOZ, NAM, NRU, NGR, OMA, PAK, PER, PHI, PLE, PRK, QAT, RSA, SEN, SUD, SSD, SYR, SRI, TAN, THA, TPE, TUN, TUR, TUV, UGA, UKR, UZB, VIE, YEM, ZAM, ZIM.

3. List of Countries and Regions whose Citizens DO NEED A VISA and DO NOT HAVE an Embassy or Consulate (Citizens should apply for Visa in a neighbouring country or region that has an Italian Embassy).

Visa application will be processed on demand, by FIDAL, referent Mr. Mauro De Carli - mauro.decarli@fidal.it







VISA DO NOT NEED FOR SHORT STAY

For Taiwan citizen the Visa is not needed for the people with passport which includes the identity card number. For the citizen of Albania, Bosnia-Herzegovina, Ex Jugoslav Republic of Macedonia, Moldova, Montenegro, Serbia the exemption of Visa is applied only to the biometric passport owners. Serbian citizen owners of Direction of Coordination passport (Koordinaciona upreva) are excluded from the Visa exemption. San Marino, Santa Sede e Switzerland citizen don't need Visa.

VISA NOT NEED (Countries belonging to Schengen)

Belgium, Czech Republic, Denmark, German, Estonia, Greece, Spain, France, Latvia, Lithuania, Luxembourg, Hungary, Malta, Netherlands, Austria, Poland, Portugal, Slovenia, Slovakia, Finland, Sweden, Iceland, Liechtenstein, Norway e Switzerland.

Countries belonging to the schengen, at internal frontiers:

- won't be checked at their own internal frontiers (frontiers between two Schengen countries);
- will, following defined parameters, be controlled at external frontiers (between a Schengen and a not-Schengen, country).

So, both UE and not-UE citizen will be able to travel freely inside the Schengen Space, and are subjects to control only in external borders. **Bulgaria, Croatia, Cipro, Ireland, Romania and United Kingdom have been members of the UE**, but don't belong to the Schengen space yet. That means that flights from these countries to Schengen ones are considered external and are subject to border controls. However, UE citizen can freely travel inside UE., independently from the cohesion to the Schengen Space. At the moment of entrance in a EU country (that doesn't belong to the Schengen Space), EU citizen are subject to minimum controls, to verify their identity (via passport or identity card).

VISA NEEDED

Afghanistan, Algeria, Angola, Saudi Arabia, Armenia, Palestina Authority, Azerbaijan, Bahrein, Bangladesh, Belize, Benin, Bhutan, Belarus, Bolivia, Botswana, Burkina Faso, Burundi, Cambodia, Cameroon, Cape Verde, Central Africa, Chad, China, Congo, Congo (Democratic Republic), North Korea, Cuba, Dominican Republic, Ecuador, Egypt, Eritrea, Ethiopia, Fiji, Philippines, Gabon, Gambia, Georgia, Ghana, Jamaica, Giordania, Guinea, Guyana, Haiti, India, Indonesia, Iran, Iraq, Kazakistan, Kenia, Kirghizistan, Kosovo, Kuwait, Laos, Lesotho, Lebanon, Liberia, Libya, Madagascar, Malawi, Maldives, Mali, Morocco, Mauritania, Myanmar, Mongolia, Mozambique, Namibia, Nepal, Niger, Niger, Pakistan, Papua-New Guinea, Qatar, Rwanda, Russia, Sao Tomé e Principe, Senegal, Sierra Leone, Syria, Somalia, Sri Lanka, South Africa, Sudan, Suriname, Swaziland, Tagikistan, Tanzania, Thailandia, Togo, Tunisia, Turkey, Turkmenistan, Ukraine, Uganda, Uzbekistan, Vietnam, Yemen, Zambia, Zimbabwe.







VISA NEEDED FOR AIRPORT TRANSIT

Citizen from the following countries need the VISA for Airport Transit (VTA) for Italy: Afghanistan; Bangladesh; Repubblica Democratica del Congo; Eritrea; Etiopia; Ghana; Iran; Iraq; Nigeria; Pakistan; Somalia; Sri Lanka; Senegal; Siria.

Citizen from these countries don't need a VTA if:

- Already have a VISA (type C) or a national VISA for long stay (type D) or have a resi dance permit released by a country member.
- Have a residency permit release by an EU member country which does not participate
 to the adoption to the CE Regulations n.810/2009 (ex United Kingdom) or by a country
 member which does not fully applies the Acquis of Schengen dispositions (ex. Romania), or
 third countries having a residency permit mentioned in the V attachment of Reg CE n.810/2009,
 release by Andorra, Canada, Japan, San Marino or from the United States of America, granting the
 unconditional return of the holder.
- Have a valid VISA for a country member of the EU that does not participate to the adoption of CE Regulations n. 810/2009 (ex. United Kingdom) or for a EU member country which does not applies fully the Acquis of Schengen dispositions (ex. Romania), or for Canada, Japan, United States of America, when they travel to the emitting country or in a third country or when, after the use of that VISA, return to the emitting country.
- Are relatives of EU citizen
- Have a diplomatic passport
- Are members of a plane crew and citizen of a country belonging to the Chicago Convention (in relation to international civil aviation)
- For long stays (over 90 days), citizen need a National Visa (type D), even if their belong to exent countries. If they belong to Schengen countries and/or to EU VISA is not necessary even if they stay is longer than 90 days.

N.B. We ask everybody with the intention to undertake this travel to connect to the website vistoperitalia.esteri.it, where, following the completion of a form, you will be able to verify your need for VISA and to visualize all the useful information before leaving.







DISTANCE TO ITALY

TRAVEL TO ITALY TAKES LESS THAN 4 HOURS

Organizing Committee will offer a full board accommodation free of charge for maximum 2 male and 2 female athletes per delegation for 3 nights (Thursday 8th, Friday 9th and Saturday 10th June) to the athletes from countries where travel to Italy takes less than 4 hours.

•	Albania	•	Finland	•	Poland
•	Algeria	•	Germany	•	Portugal
•	Andorra	•	Gibraltar	•	Romania
•	Austria	•	Greece	•	Russian Federation
•	Belgium	•	Hungary	•	Serbia
•	Belarus	•	Ireland	•	Slovakia
•	Bulgaria	•	Israel	•	Slovenia
•	Ciprus	•	Italy	•	Spain
•	Croatia	•	Lebanon	•	Sweden
•	Czech Republic	•	Lithuania	•	Switzerland
•	Denmark	•	Luxembourg	•	Great Britain
•	Estonia	•	Monaco	•	Turkey
•	Macedonia	•	Netherlands	•	Ukraine
•	France	•	Norway		

TRAVEL TO ITALY TAKES BETWEEN 4 AND 9 HOURS

Organizing Committee will offer a full board accommodation free of charge for maximum 2 male and 2 female athletes per delegation for 4 nights (Wednesday 7th, Thursday 8th, Friday 9th and Saturday 10th June) to the athletes from countries where travel to Italy takes between 4 and 9 hours.







- Angola
- Cape Verde
- Canada
- Egipt
- Iceland
- Latvia
- Jordan
- Kenya
- **United States**
- Uzbekistan

TRAVEL TO ITALY TAKES MORE THAN 9 HOURS

Organizing Committee will offer a full board accommodation free of charge for maximum 2 male and 2 female athletes per delegation for 5 nights (Tuesday 6th, Wednesday 7th, Thursday 8th, Friday 9th and Saturday 10th June) to the athletes from countries where travel to Portugal takes between 4 and 9 hours.

•	Argentine	

Australia

Brazil

Brunei

Burundi

Cameroon

Democratic Republic

of Congo

Republic of Congo

Costa Rica

Ecuador

Gambia

Hong Kong

Japan

Jordan

Kenya

Republic of

South Korea

Kyrgyzstan

Lesotho

Madagascar

Mexico

Mongolia

Namibia

Nepal

New Zealand

Niger

Nigeria

Philippines

Quatar

Sierra Leone

South Africa

Sri Lanka

Taipei

Uruguay

Zimbabwe







FOREING EMBASSIES IN ITALY

AFGHANISTAN

Sito Internet: www.afghanistanembassy.it

ALBANIA

Sito Internet: http://www.ambasadat.gov.al/italy ALGERIA

Repubblica Algerina Democratica e Popolare Sito Internet: www.algerianembassy.it

Principato di ANDORRA

E-mail.: exteriors.gov@andorra.ad Repubblica dell' ANGOLA

Sito Internet: www.ambasciatangolana.com

ANTIGUA E BARBUDA

E-mail.: enquiries@antigua-barbuda.com

Regno dell' ARABIA SAUDITA

Sito Internet: www.arabia-saudita.it

ARGENTINA

Sito Internet: www.ambasciatargentina.it

ARMENIA

Sito Internet: www.ambarmenia.it

AUSTRALIA

Sito Internet: www.italy.embassy.gov.au

AUSTRIA

Sito Internet: www.bmeia.gv.at/rom
AZERBAIGIAN

Sito Internet: www.azembassy.it

BAHAMAS

E-mail.: information@bahamashclondon.net

BAHRAIN

E-mail.: paris.mission@mofa.gov.bh

BANGLADESH

Sito Internet: www.bangladeshembassyinitaly.com

BARBADOS

E-mail.: brussels@foreign.gov.bb

BELARUS

Sito Internet: italy.mfa.gov.by

BELGIO

Sito Internet: www.diplomatie.be/romeit

BENIN

E-mail.: ambr201@tiscalinet.it

BOLIVIA E-mail.: infobolit@yahoo.it

BOSNIA-ERZEGOVINA

E-mail.: ambasciata@ambih.191.it **BOTSWANA**

Sito Internet: www.botswana-brussels.com

BRASILE

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E-mail.: paris.france@mfa.gov.bn

BULGARIA

E-mail.: consul@bulemb.it

BURKINA FASO

Sito Internet: www.ambaburkinaitalie.it

BURUNDI

Sito Internet: www.ambaburoma.it

CABO VERDE Tel · 064745461 CAMBOGIA

E-mail.: ambcambodgeparis@mangoosta.fr

CAMERUN

Sito Internet: www.cameroonembassy.it

CANADA

Sito Internet: www.canada.it

Repubblica del CIAD

E-mail.: contact@ambatchadberlin.com

Repubblica del CILE

Sito Internet: www.minrel.gob.cl Repubblica Popolare Cinese

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Repubblica di CIPRO

E-mail.: info@ambasciatacipro.it

COLOMBIA

Sito Internet: http://italia.embajada.gov.co

Repubblica del CONGO

Sito Internet: www.ambasciatadelcongobrazzaville.it Repubblica Democratica del CONGO (R.D.)

E-mail.: ambassaderdcrome@yahoo.fr

Repubblica di COREA

Sito Internet: http://ita.mofa.go.kr Repubblica Democratica Popolare di COREA (R.D.P.) E-mail.: embitalia@minex.gob.gt

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E-mail.: ambassadecotediyoire61@rocketmail.com

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Repubblica di CROAZIA Sito Internet: http://it.mfa.hr

Repubblica di CUBA

Sito Internet: www.emba.cubaminrex.cu/Italia

Regno di DANIMARCA

Sito Internet: www.italien.um.dk

Repubblica dell' ECUADOR

E-mail.: Ecuador@agnait.it comando@agnait.it

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Repubblica delle FILIPPINE

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Sito Internet: www.finlandia.it

FRANCIA Sito Internet: www.ambafrance-it.org

GABON

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GAMBIA

Sito Internet: www.gambiaembassy.es

GEORGIA

Sito Internet: http://italy.mfa.gov.ge

GERMANIA

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INDIA

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INDONESIA

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E-mail.: iraqembroma@yahoo.com

IRLANDA

Sito Internet: www.embassyofireland.it

ISRAELE

Sito Internet: http://roma.mfa.gov.il

KAZAKHSTAN Sito Internet: www.embkaz.it

KENYA

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KYRGYZSTAN E-mail.: kyrgyzmission@bluewin.ch

LAOS Sito Internet: www.laos-mission-geneva.ch LESOTHO Sito Internet: www.lesothoembassyrome.com







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LIBANO

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Sito Internet: www.sre.gob.mx/italia

MOLDOVA

Sito Internet: www.italia.mfa.md Principato di MONACO

Sito Internet: www.ambasciatadimonaco.it

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Sito Internet: www.roma.embaixadaportugal.mne.pt

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SLOVENIÁ

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E-mail.: somalrep@gmail.com

(Denominazione estesa: Sovrano Militare Ordine Ospedaliero di San Giovanni di Gerusalemme di Rodi e di Malta)

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Sito Internet: www.orderofmalta.int SPAGNA

Sito Internet: www.mae.es/embajadas/roma/es/home

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E-mail.: embassy@srilankaembassyrome.org

STATI UNITI D'AMERICA

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Sito Internet: www.sudafrica.it

Repubblica del SUD SUDAN

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SVIZZERA

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Repubblica dello YEMEN Sito Internet: www.yemenembassy.it

Repubblica dello ZAMBIA Sito Internet: www.zambianembassy.it

ZIMBABWE E-mail.: zimrome-wolit@tiscali.it





PREVENTION ACTION CONCERNING HEALTH POLICY

In accordance with the rule 53.1 of the IAAF Competition Rules, a preventive health-related action(*) is set up for the Trail World Championships. This action aims to strengthen the medical supervision and the safety related to the specificities of trail running races. This action is managed jointly by the IAU and the ITRA, in collaboration with the Association AFT (Athletes For Transparency). This action is led by a Medical Commission composed of 3 doctors, who are the race Medical Director and a two doctors designed by the Chairman of the ITRA's Health Commission. They can take advice from the experts of their choice.

Each runner agrees to:

- **1.** Declare the following information to the Medical Commission:
- any medical history and/or pathology in particular those which may increase risk during the sport
- the regular use of treatments and medicines during the 15 days prior to the start of the race
- all requests for or use of medicines subject to a Therapeutic Usage Exemption (TUE).

The declaration of this information to the Medical Commission must be made through each runner's ITRA health space that each runner can create free of charge on the ITRA website: www.itra.run

- **2.** Accept to submit any urine, and/or blood, and/or capillary, and/or saliva samples and the associated analyses requested by the Medical Commission, on the understanding that the costs for the sampling and analysis are covered by the Organization.
- **3.** Accept to answer any request the Medical Commission may make based on information they have collected, in order to discuss the runner's ability or not to participate in the competition. As a result of the meeting, in accordance with the rule 144 of the IAAF Competition Rules, the Medical Commission may declare a "no start" to the runner for health reasons. The medical information declared on the health space and the results of analysis are accessible only to the Medical Commission and the medical team of the race. Any unreasonable breach, refusal, or transmission of erroneous information in connection with the health policy can result in the runner's exclusion from the competition.





^{*}This action has neither the vocation nor the competence to be substitute for national and international regulations concerning anti- doping.

"RUN AND...LEAVE ONLY THE WILL TO COME BACK IN THESE THOUSAND-YEAR FORESTS"

ENROLL TO ENJOY!



2017 TRAIL WORLD CHAMPIONSHIPS

10th JUNE 2017

