

GENERAL INFORMATION SHEET

- For IAU Federation -



Fuxian **Lake** **Highland** **Ultramarathon**

Yuxi, Yunnan, China

September 30, 2017



KIRENS SPORTS & ENTERTAINMENT CO., LTD.

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GENERAL INFORMATION SHEET

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1.0 WELCOME

Fuxian Lake Highland Ultramarathon
KIRENS SPORTS & ENTERTAINMENT CO., LTD.
www.kirens-cn.com

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It is a great pleasure to welcome all athletes, coaches, assistants, families and spectators to **Fuxian Lake Highland Ultramarathon**.

With crystal clear water, **Fuxian Lake** in Yunnan Province of China is located in the eastern part of Yuxi City, a total area of 212square kilometers, is China's largest deep freshwater lake. The average depth of the lake is 87 meters (The deepest is 155 meters) and it has a visibility of 7-8 meters. There live more than 20 kinds of fishes in the lake. **Fuxian Lake** is a good all-season resort and it attracts more and more visitors year by year. It is quite a good place for camping, sailing, jogging and running. There are many holiday villages and hotels around the lake. Meanwhile, the lake contains rich information of ancient civilization. The study found, the ancient ruins of the civilizations around the lake and South America lost Maya civilization have many similarities. Just 1 hour away from the nearest Kunming Changshui International Airport, **Fuxian Lake** of Yuxi makes for a refreshing couple of days out of the city.

Yuxi City has a population of 2,360,000. September weather will comfortable and in fact, Yuxi the city is renowned for pleasant weather all year around. The native language is Chinese Mandarin but the LOC and the hotel provides English translation when needed.

The event receives a strong support from Yuxi Municipal People's Government who is committed to protecting ecological environmental resources. You are more welcomed to visit again after the event.

The LOC wish you all pleasant stay and great success in the competition!

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2.0 LOCAL ORGANIZING COMMITTEE (LOC)

CONTACT DETAILS

Organizer 1	Kirens Sports & Entertainment Co., Ltd.
E-mail	raceinfo@kirens-cn.com
Website	http://www.kirens-cn.com
Organizer 2	Yuxi Municipal People's Government
Address	7 Xiushanxi Road, Yuxi City, Yunan Provincence, P.R.China
Organizer 3	China Athletic Association
Address	No.2 Tiyuguan Road,Beijing, P.R.China

3.0 GENERAL COMPETITION INFORMATION

Fuxian Lake Highland Ultramarathon

Part 1 - 50KM [IAU 50km World Championships - Trial Event]

Date	September 30, 2017
Start time	[in the morning; will be updated]
Cut-off time	6hours after start
Course	Road <ul style="list-style-type: none">● A point-to-point pavement road along the Fuxian Lake● Traffic-free course
Competition	Men's individual competition Women's individual competition
Entry	50km: 100 athletes
Requirements	- Please submit valid certificates from past 3years

Prize money

- Both Men and Women Divisions

	Men	Women
1st place	CNY 25,000	CNY 25,000
2nd place	CNY 15,000	CNY 15,000
3rd place	CNY 10,000	CNY 10,000

- Remarks:

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- Above prize inclusive of 20% income tax in China

COURSE MAP

- * For reference only
- * **Please see attachment**

Part 2 - 100KM

Date	September 30, 2017
Start time	[in the morning; will be updated]
Cut-off. time	12hours after start
Course	Road <ul style="list-style-type: none">● A point-to-point pavement road along the Fuxian Lake● Traffic-free course
Competition	Men's individual competition Women's individual competition
Entry qualifications	100km: 100 qualified participants - Please submit valid certificates from past 3years
Prize money	● Both Men and Women Divisions

	Men	Women
1st place	CNY 25,000	CNY 25,000
2nd place	CNY 15,000	CNY 15,000
3rd place	CNY 10,000	CNY 10,000

- Remarks:
- Above prize inclusive of 20% income tax in China

COURSE MAP

- * For reference only
- * **Please see attachment**

4.0 APPLICATION FORM

The Application Form should be completed and sent, before the DEADLINE time.
With the Application Form, each Federation will send the list of its own runners, with

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relevant information and will inform the LOC about the timetables of arrival and departure.

Applying Deadline	July 31, 2017
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* The confirmation of runner list will be announced by LOC
on or before Aug 10,2017 .

All forms must be send by email in digital format to:

- LOC

Subject line	Fuxian Lake Highland Ultramarathon-Entry form of (Country or Athlete's name)
Contact Name :	Ms.TAO
E-mail :	RACEINFO@KIRENS-CN.COM

APPLICATION FORM

Please note that the travel and accommodation offers made by the LOC are conditional on the prompt return of the entry forms within the deadlines.

5.0 VISA

Any foreign visitor wishing to visit should have a valid passport

IAU Members which don't need a visa prior to departure: Brunei, Ecuador, Japan, San Marino

IAU Members which do need a visa prior to departure but have an Embassy in their country: Albania, Algeria, Andorra, Angola, Argentina, Australia, Austria, Burundi, Belgium, Belarus, Brazil, Bulgaria, Canada, Congo (Brazzaville), Cameroon, Congo (DR), Comoros, Cape Verde Islands, Costa Rica, Croatia, Czech Republic, Denmark, Ecuador, Spain, Estonia, Finland, France, Gambia, Great Britain, Germany, Greece, Hong Kong (China)(*permit), Hungary, India, Ireland, Iceland, Israel, Italy, Kenya, Kyrgyzstan, South Korea, Latvia, Lesotho, Lebanon, Lithuania, Luxembourg, Mexico, Madagascar, Mongolia, Former Yugoslav Republic of Macedonia, Monaco, Namibia, Netherlands, Nepal, Nigeria, Niger, Norway, New Zealand, Peru, Philippines, Poland, Portugal, Qatar, Romania, South Africa, Russia, Sierre Leone, Serbia, Sri Lanka, Switzerland, Slovakia, Sweden, Turkey, Chinese Taipei (*permit), Ukraine, Uruguay, United States,

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Venezuela, Zimbabwe

IAU Members which do need a visa prior to departure but don't have an Embassy in their country: Gibraltar

* **Suggestions:** Citizens of Gibraltar residing in Gibraltar must apply for a visa to China in person at the nearest consulate of China in Gibraltar.

For more details, please visit Ministry of Foreign Affairs of the People's Republic of China

http://www.fmprc.gov.cn/mfa_eng/wjb_663304/zwjg_665342/2490_665344/

6.0 TRANSPORTATION PLAN TO THE OFFICIAL HOTEL

Airport	KUNMING CHANG SHUI INTERNATIONAL AIRPORT (ICAO: ZPPP; IATA: KMG) (in Chinese: <u>昆明长水国际机场</u>)
Address	Changshui Village, Guandu District, Kunming, Yunnan, China
Distance to Official Hotel	84km (around 1hr 20 min drive)
Shuttle Bus	<ul style="list-style-type: none">● A "welcome helpdesk" at the airport will be arranged during the arrival times of the participants.● Scheduled shuttle bus from airport to official hotel will be arranged by LOC. (Advanced booking will be needed. Please show your application form details to LOC staff.)● Airport shuttle bus service will be arranged every 3 hours from 8am to 8pm. Advanced booking needed. For any special occasions, please contact LOC for assistance.● Shuttle bus service is ONLY for 50km and 100km participants and officials (unless special circumstances).● * All other transport requirements during your stay is your responsibility (unless for an official race-related event).

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Taxi	<p>The airport is 84km, around 1hr 20 min drive from official hotel. There are taxis available in the airport.</p> <ul style="list-style-type: none">* Please check taxi fare with driver beforehand.* Please be aware that you have Chinese bank notes for paying taxi fare and that taxi drivers probably do not speak English or only other languages than Chinese.
Train	<p>Kunming Nan Railway Station (昆明南站)</p> <p>50km, 1hr 2min drive to official hotel</p> <p>* Please understand that the LOC do NOT provide shuttle bus service from train station to/back official hotel.</p>

[Useful Wordings for taxi driver]

- *in Chinese: 我要去玉溪抚仙湖希尔顿酒店。地址是:玉溪市澄江县环湖东路 10 号。*
- *in English: Please take me to Hilton Yuxi Fuxian Lake. Add is No.10, Huanhu East Road, Chengjiang, Yuxi.*

7.0 ACCOMMODATION

OFFICIAL HOTEL	[HILTON YUXI FUXIAN LAKE]
	(in Chinese: 抚仙湖希尔顿酒店)
Address	NO.10 HUANHU EAST ROAD, YUXI, 652599, CHINA
Tel.	+86-877-668 8888
Fax	+86-877-668 8889
E-mail	YuxiFuxianLake.info@Hilton.com
Website	http://www3.hilton.com/en/hotels/china/hilton-yuxi-fuxian-lake-NKGYFHI/index.html

Additional information about the official hotel:

- 1) The LOC will offer to all Qualified participants (50km / 100km):
 - a **full board accommodation & meal plan** (in an unified and organized arrangement by LOC)
 - check in date: (**NOT EARLIER THAN**) – September 26 (Beijing Time)
 - check out date: (**NO LATER THAN**) – October 2 (Beijing Time)
 - Those who need additional nights should contact the hotel themselves and make hotel reservation in advance.
 - All personal charges will be on your own account and settle down to the hotel before your departure.

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- 2) The qualified participants will be accommodated in the same hotel. Athletes and other members of the delegations will be accommodated in DOUBLE / TWIN rooms (2 persons share 1 room).
- 3) Single Supplement for hotel room charge (1 person for 1 room) will be USD 50 / room / night. Family member (sharing room with runner) will be at USD120/person/night for full board accommodation & meal plan.
- **Effective advanced reservation required.**
 - The 2 charges above will be on your own account.
 - The 2 booking service above will be offered according to hotel room availability.
 - Credit card guarantee will be needed while booking.
 - The payment needs to settle down to LOC DIRECTLY on site.
- 4) Additional companies of delegations should contact the hotel themselves and make hotel reservation in advance.
- 5) Please note that **ONLY VISA credit card** is accepted at Hilton Yuxi Fuxian Lake.

MEAL SCHEDULE

In general: *(* Will be updated upon arrival)*

- Breakfast at * *Official Hotel*
- Lunch at * *Official Hotel*
- Dinner at * *Official Hotel*

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8.0 TECHNICAL MEETING

Place	Official Hotel
Day	September 29, 2017
Time	(* Will be updated)
Transport	Offered by LOC

9.0 PAYMENT OF THE TRAVELGRANTS

- The payment of the Travel Grants is scheduled at the official hotel on September 29, 2017. Venue & time will be noticed upon registration.
- Please bring valid passport, official receipt (* air tickets), signed application form to the captioned venue. The LOC will pay the travel grant in US Dollars according the exchange rate that day.

The allocated Travel Grant as follows:

Category		Individual Travel Grant
i.	1) men / women Champions of 50km Jiuquan Gobi Ultramarathon 2015; 2) men / women Champions of 100km Jiuquan Gobi Ultramarathon 2016	* Full round way air ticket from the capital city of resident country to Kunming Airport
ii.	1) Top 2-4 (Men & Women) of 50km Jiuquan Gobi Ultramarathon 2015; 2) Top 2-4 (Men & Women) of 100km Jiuquan Gobi Ultramarathon 2016	* In accordance with the continent zone distribution. * Refer to 3) below.
	3) 2 men & 2 women qualified athletes from each federation*:	* See below:
	<u>Federation (Continent Zone)</u>	<u>(in USD)</u>
	- America -	680
	- Europe -	680
	- Oceania -	580
	- Asia - - Africa -	380 900
iii.	LOC invited	* Please contact LOC directly : raceinfo@kirens-cn.com

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10.0 PRESS CONFERENCE / START CEREMONY

*** PRESS CONFERENCE**

Place	Fuxian Lake
Day	September 29, 2017
Time	* To be announced
Transport	* To be announced
Invitation	Needed
Extra Info.	<ul style="list-style-type: none">➤ Dress code: Smart Casual➤ Followed by Gala Party

*** START CEREMONY**

Place	Start Area
Day	September 30, 2017
Time	* To be announced
Transport	Schedule shuttle bus

11.0 GALA PARTY

Free for invited athletes
Scheduled at: Official Hotel

12.0 AWARD / CLOSING CEREMONY

Part 1 - 50KM

Place	50KM finish area
Day	September 30
Time	* To be announced (would be hold soon after the prize winners generated)
Transport	Shuttle bus from finish to official hotel
Extra Info.	<ul style="list-style-type: none">➤ Top 3 runners - Please wear LOC jacket / t-shirt by showing respect to the event

Part 2 - 100KM

Place	100KM finish area
Day	September 30
Time	*To be announced (would be hold soon after the prize winners generated)
Transport	Shuttle bus from finish to official hotel
Extra Info.	<ul style="list-style-type: none">➤ Top 3 runners - Please wear LOC jacket

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/ t-shirt by showing respect to the event

13.0 WEATHER CONDITIONS

The average weather conditions in the past 5 years:

Max. Temperature 27.6°C(81.68°F)

Min. Temperature 14.5°C(58.1°F)

Humidity 76

Remarks: the weather forecast for the race day will be given at the Technical Meeting.

14.0 GENERAL TIME SCHEDULE OF THIS EVENT

Date	Time	Activity	Place
Sep. 26-28	All Day (8am-8pm shuttle airport pickup)	Athletes arrival & Hotel check-in	Hilton
Sep. 26-28	9am-11:30am; 2pm-9:30pm <i>(to be updated)</i>	Registration -Drop bag	Hilton
Sep. 29	*To be announced	Press conference	*To be announced
	*To be announced	Technical Meeting	Hilton
	*To be announced	Gala Party	Hilton
	*To be announced	Payment of Travel Grant	Hilton
Sep.30	Shuttle Bus Service to be announced	Departure for race course from official hotel	Hilton
		Arrival at start area	* close to
	Morning *To be announced	Start of the race	Angsana Fuxian Lake hotel
		50km award ceremony	50KM finish area
		Departure of shuttle bus	From finish to official hotel
		100km award	100KM

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		ceremony	finish area
		Departure of shuttle bus	From finish to official hotel
Oct. 1-2	* To be announced	Scheduled Shuttle bus	from official hotel to airport

15.0 INSURANCE

The LOC provides life accident insurance cover for all qualified participants in the event day (September 30, 2017). Participants should pay themselves for extra insurance.

16.0 DISCLAIMER

All participants must sign this disclaimer at the registration on their arrivals. The disclaimer includes, but not limited to, the following details:

1. The LOC provides life accident insurance cover for all qualified participants and personnel in the event day (September 30, 2017). Participants should pay themselves for extra insurance. Participants take the sole responsibility for failure to purchase insurance or invalid insurance due to incomplete or false personal information.

Special declaration:

a). Participants must acknowledge that the event is physically challenging, and that participating in this race involves inherent risks. Participants are encouraged to see their own medical doctor prior to the race to prove that they are physically fit for the Race. They must understand that they participate in this event at their own risks. When participants are initiated into the event, they waive and release the organizers, operators and co-organizers from all claims or liabilities of any kind including any injuries or deaths arising out of their participation in the event.

b). The LOC purchases life accident insurance for each participant, up to a maximum benefit amount of CNY300, 000. The insurance does

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not cover any loss caused by or resulting from the insured's physical illness or diseases, such as heart stroke or sudden death.

c). The LOC provides emergency aid service free of charge throughout the Race, but the rest charge of medical service will be paid by the athletes themselves.

d). No drugs of any kind should be taken before, during or immediately after the race. Many drugs can increase the risk of injuries or death, which should be the participants' sole responsibility.

e). To ensure the participants' safety, the authorized referees and personnel by the LOC have the right to exclude the participant from the race if he/she cannot continue the race in referees' or personnel's opinions.

2. Bag storage service is provided by the LOC. Only the LOC race bags can be kept in numeric order at a determined zone. No other bag is acceptable. It is not recommended to put valuable personal property in the bags, such as mobile phones, identity card, cash, keys, laptop, MP3, etc. The participants are solely responsible for any loss or damage to property.

3. Participants must accept doping tests.

4. Participants allow their names, images, voice and other personal information to be used free of charge by authorized LOC and media for organizing and marketing purposes.

5. Participants are not allowed to use or display any brands of the sponsors' competitors.

6. Participants agree to provide valid identification and true information to the LOC for verifying, and accept to take the full responsibility for the consequences caused by fake identity and false information.

17.0 TOURISTIC INFORMATION

About Fuxian Lake

Fuxian Lake stretches out through Chengjiang County, Jiangchuan County and Huaning County in Yuxi City, Yunnan Province, more than 70 kilometers to Kunming City. It spans an area of 216.6 square kilometers, the third largest lake in Yunnan, right after the Dianchi Lake and the Erhai Lake. Fuxian Lake's water quality is rated as first level in China.

Things to do

- Travelers can have fun on the beach, take a boat trip to the Lonely Isle, or go for a sailing boat tour.

Currency Exchange

- Travelers can exchange to Chinese Yuan (Renminbi, CNY) from their own currencies anywhere available.
- In Fuxian Lake, aside from commercial banks, some of the hotels in Fuxian Lake also provide the service for currency exchange.
- The best deal may be the exchange at airport.
- Hilton Hotel Fuxian Lake provides currency exchange service ONLY from USD to RMB (max 200USD per room per day).

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Attachment – Course Map

FUXIAN LAKE HIGHLAND ULTRAMARATHON

YUXI·CHINA 09/24/2017



Profile: Elevation-minimum 1760m, maximum 1920m

